

London Breast Meeting 2023

Game Changers in oncological, reconstructive and aesthetic breast surgery

7-9 September 2023

Day 1 – Thursday 7th September

- 08:30 – 09:40 **Welcome address & Headliners in Oncology**, Chairs: Maurice Nahabedian & Ash Kothari
- Jian Farhadi, Jaume Masia, Marlene See, Maurice Nahabedian
 - Non-invasive breast cancer screening, Simona Francese
 - Non-surgical treatment of breast cancer – are we there yet? Michael Knauer
 - Treatment of breast cancer in gene mutation carriers, Cornelia Leo
 - Discussion
- 09:40 – 10:40 **Improving survival in metastatic breast cancer**, Chairs: Florian Fitzal & Michael Knauer
- Immunotherapy in breast cancer: harnessing the power of the immune system, Alicia Okines
 - Advances in radiotherapy for local control and oligometastatic breast cancer, Anna Kirby
 - Updates in systemic therapy, Cornelia Leo
 - Discussion
- 10:40 – 11:10 Refreshments and exhibition viewing
- 11:10 – 12:05 **Surgical practice**, Chairs: Chris Andree & Eric Santamaria
- The confusing world of societies, registries and legislation, Michael Knauer
 - Specialisation vs super-specialisation, John Kim (Plastic Surgery) & Ash Kothari (Breast surgery)
 - Marking the cut in plastic surgery, Greg Evans
 - Discussion
- 12:05 – 12:25 **Sponsored symposium: GC Aesthetics**
Limit and innovation in nipple areolar reconstruction Professor Micheal Atlan
- 12:25 – 13:00 **Digital and technological updates**, Chairs: Yazan Massanat & Constantin Stan
- Breast cancer surgical metaverse, Pedro Gouveia
 - Artificial intelligence in breast surgery: diagnostics, research, and algorithms, Greg Evans
 - Discussion
- 13:00 – 14:00 Lunch and exhibition viewing

14:00 – 14:55 **Patient focus**, Chairs: [Jaume Masia](#) & [Greg Evans](#)

- Empowering Patient Experience through Patient Advocacy, [Minas Chrysopoulo](#)
- The impact of lifestyle factors on breast cancer risk and survivorship: nutrition, exercise and beyond, [Terri Coutee](#)
- Discussion

Panel discussion: Direct to consumer marketing – physician beware, [Chairs Jaume Masia](#), [Greg Evans](#)

Panel: [Terri Coutee](#), [Minas Chrysopoulo](#) & [Mark Ho Asjoe](#)

14:55 – 15:15 **Sponsored symposium : T-Stat**

Flap Salvage - The Earliest Possible Detection - [Dr Minas Chrysolou](#) and

[Rob Pupelis](#)

15:15 – 15:50 **Gamechangers in lymphoedema surgery**, Chairs: [Koen Van Landuyt](#) & [Jaume Masia](#)

- Lymphoedema preventative strategies , [Ketan Patel](#)
- Minimising morbidity in axillary lymph node dissection, [Gemma Pons](#)
- Panel Discussion: Trends and Gamechangers in Lymphoedema Surgery, [Ketan Patel](#), [Gemma Pons](#)

15:50 – 16:20 Refreshments and exhibition viewing

16:20 – 17:50 **Implant reconstruction**, Chairs: [John Kim](#) & [Mark Ho Asjoe](#)

- Prepectoral implant reconstruction with mesh/ADM: why, when and how?, [Ash Kothari](#)
- Prepectoral implant reconstruction without mesh/ADM: why, when and how?, [Ara Salibian](#)
- Reverse expansion: is this possible or wishful thinking? [Filip Stillaert](#)
- The changing role of tissue expanders in breast reconstruction, [Florian Fitzal](#)
- The biological breast implant, [Pierre Gueresschi](#)
- Reconstruction of the previously augmented breast following mastectomy, [Alanna Rebecca](#)
- Discussion

17:50 – 18:20 **Special topic**

Panel discussion: The Demise of the anatomical implant. [Chairs Maurice Nahabedian](#), [Jian Farhadi](#)

Panel: [Constantin Stan](#), [Humberto Uribe Morelli](#), [John Kim](#), [Charles Randquist](#), [Roger Wixtrom](#) & Industry Representatives

Day 2 – Friday 8th September

Parallel sessions

<p>08:00 – 09:20 Autologous reconstruction – pushing the boundaries, Chairs: Venkat Ramakrishnan & Filip Stillaert</p> <ul style="list-style-type: none"> - Autologous reconstruction in the flap cripple – when to say no, Stefanie Tuinder - My free flap failed – now what? Algorithm for management, Chris Andree - Breast reconstruction with perforator flaps. What is on the horizon, Koen Van Landuyt - Correction of partial breast deformities with free flaps, Ara Salibian - Working towards breast reconstruction as a day case, Alanna Rebecca - Discussion 	<p>08:00 – 08:50 Oncoplastic surgery, Partial breast reconstruction: free flaps vs local flaps, Chairs: Claudio Angrigiani & Yazan Massanat</p> <ul style="list-style-type: none"> - Partial Breast reconstruction: free flaps vs local flaps, Ketan Patel - Medial breast defect reconstruction using reduction and mastopexy techniques (plastic surgeon perspective), Greg Evans - Bioabsorbable scaffold and their utility and efficacy in breast surgery, Maurice Nahabedian - Discussion - Panel discussion: the changing threshold and trends in sentinel lymph node biopsies <p>Chairs: Ash Kothari, Cornelia Leo Panel: Florian Fitzal, Yazan Massanat & Michael Knauer</p>
<p>09:20 – 10:15 Adjuncts to autologous reconstruction, Chairs: Marlene See & Gemma Pons</p> <ul style="list-style-type: none"> - Can plastic surgeons interpret a CT scan and what does it take to do so?, Narayan Karunanithy - Attributes of a good microsurgeon, Eric Santamaria - Creating a successful microsurgical breast reconstruction unit in private practice, Minas Chrysopoulou - Discussion 	<p>09:10 – 10:15 Oncological surgery, Chairs: Florian Fitzal & Michael Knauer</p> <ul style="list-style-type: none"> - Treatment options for the elderly and multiple morbidity, Cornelia Leo - Intra-operative confirmation of margins in breast conserving surgery, Ash Kothari - Robotic assisted mastectomy, Antonio Toesca - Nipple sparing mastectomy in the large, ptotic breast, Maurice Nahabedian - Discussion

10:15 – 10:45 Refreshments and exhibition viewing

10:45 – 11:15 **Special topic, Chairs: Venkat Ramakrishnan & Chris Andree**

- Re-sensation of the breast and NAC following mastectomy, [Alex Mesbahi](#)
- Panel discussion: for, against and patient factors, [Stefania Tuinder](#), [Alanna Rebecca](#), [Koen Van Landuyt](#) & [Alex Mesbahi](#)

11:15 – 11:35 **Sponsored symposium: Motiva[®] Symposium:**

The Experience of Incorporating Smooth Nano-Surface Implants –
[Dr. Charles Randquist](#)

- 11:35 – 11:55 **Key publications in the last decade**, Chair: [Maurice Nahabedian](#)
[Michael Knauer](#), [Eric Santamaria](#) & [Yazan Massanant](#)
- 11:55 – 13:00 Lunch and exhibition viewing
- 13:00 – 14:00 **LBM Free Paper Session: innovation in aesthetic and reconstructive surgery**
Chairs: [Ara Salibian](#) & [Stefania Tuinder](#)
- 14:00 – 14:20 **Sponsored symposium: MENTOR**
A KOL and a Scientist Walk into a Room...The Latest Clinical Data in Breast Implant Safety and Implant Selection - [Dr Roger Wixtrom](#)
- 14:20 – 15:30 **Breast implant special topics**, Chairs: [Constantin Stan](#) & [Charles Randquist](#)
- Update on systemic symptoms associated with breast implants, [Marisa Lawrence](#)
 - Breast implants and immune response: is it always bad?, [John Kim](#)
 - Malignancies associated with breast implants: from squamous cell to lymphoma, [Ara Salibian](#)
 - ALCL and its impact on the industry, [Roger Wixtrom](#)
 - Discussion
- 15:30 – 16:00 Refreshments and exhibition viewing
- 16:00 – 17:10 **Updates in lipofilling**, Chairs: [Carlos Manfrim](#) & [Marisa Lawrence](#)
- Lipofilling of the breast: considerations for success and failure, [Alanna Rebecca](#)
 - Lipofilling and nutrition, [Filip Stillaert](#)
 - Treatment of adverse liposuction/lipofilling donor sites – how to correct, [Charles Randquist](#)
 - Non-surgical management of lipofilling donor sites, [Flavia Morellato](#)
 - Discussion
- 17:10 – 17:15 **Close of day 2**

Saturday 9th September 2023

- 09:00 – 10:30 **The changing trends in breast augmentation**, Chairs: [John Kim](#) & [Foad Nahai](#)
- Minimizing the risk of sensory loss following breast augmentation: incisional strategies, [Claudio Angrigiani](#)
 - Implant location and breast augmentation: comparing subpectoral, subfascial, subglandular placement of implants, [Humberto Uribe Morelli](#)
 - Composite breast augmentation with round implants and lipofilling: is this the new gold standard?, [Constantin Stan](#)
 - Tuberos breast correction with implants, fat and tissue rearrangement, [Constantin Stan](#)

- Pre-operative breast measurements: what are the important measurements to achieve a successful outcome?, [Patrick Malluci & Charles Randquist](#)
- Breast augmentation in the Asian woman, [Mark Ho Asjoe](#)
- Discussion

10:30 -10:50 Panel Discussion: Capsular Contracture 2023 – who is to blame? Device vs patient vs surgeon?
 Chairs: [Jian Farhadi](#), [Charles Randquist](#)
 Panel: [Patrick Malluci](#), [Foad Nahai](#), [Roger Wixtrom](#), [Juan Carlos Zambrano](#) & [John Kim](#)

10:50 – 11:20 Refreshments and exhibition viewing

11:20 – 12:15 **Avoiding complications in breast augmentation**, Chairs: [Jian Farhadi](#) & [Humberto Uribe Morelli](#)

- How to avoid implant lateralisation and caudalisation in an unstable implant, [Charles Randquist](#)
- Can lower pole stretch following breast augmentation be minimized, [Patrick Malluci](#)
- Imaging after breast augmentation: when, why, how and by whom?, [Juan Carlos Zambrano](#)
- The ruptured implant – timelines for surgery: how long is too long?, [John Kim](#)
- Discussion

12:15 – 12:35 **Keynote lecture: my 47 years in search of longevity in breast reduction**
 Chair: [Marlene See](#)
 Keynote Speaker: [Foad Nahai](#)

12:35 – 13:05 **Aesthetic reshaping of the breast**, Chairs: [Patrick Malluci](#) & [Mark Ho Asjoe](#)

- 3D simulation for aesthetic breast surgery – friend or foe?, [Alex Mesbahi](#)
- Symmastia correction, [Charles Randquist](#)
- Discussion

13:05 – 13:35 **Only in my hands**
 Chair: [Jaume Masia](#) & [Maurice Nahabedian](#)
 Speakers: [Filip Stillaert](#) & Faculty

13:35 – 13:45 **Summary and close of conference**
[Jian Farhadi](#)